

CONTRAINDICATIONS TO TREAT WITH LASER

- ~Allergy to topical anesthetic (Lidocaine/Tetracaine)
- ~Pregnancy
- ~Current Skin Cancer, Cancer, premalignant moles
- ~Impaired immune system, immunosuppressive diseases, AIDS/HIV, immunosuppressant medications
- ~Anticoagulants and Bleeding Disorders
- ~Medications that induce photosensitivity (skin is extra sensitive to sunlight, lasers, sunlamps)
- Tetracycline, Sulfonamides, Cipro, Benedryl, Zyrtec, Claritin, AntiFungal Griseofulvin and Voriconazole, Antidepressants such as Tricyclics (amitriptyline, Imipramine, SSRI's Zoloft (rare)
- Diuretics HCTZ
- Amiodarone
- Retinoids
- Statins for cholesterol
- ~Consult with Physician prior to stopping any prescribed medications if medically cleared avoids these Medications for 3-5 days prior to Laser Treatment
- ~Daily use of Supplements, Iron, Ginko, Ginseng, Garlic, St. John's Wort within 2 weeks
- ~Herpes active infection, if prone to Herpes Infections must take Acyclovir/ 3-5 day course pre/post procedure
- ~Active Skin Infections, Open Wounds, Psoriasis, Rash
- ~Botox within 2 weeks
- ~Filler clients should wait one month before getting Laser

BEFORE YOUR LASER TREATMENT

LaseMD ULTRA Laser Patient Pre-Treatment Care Instructions

Avoid Sun Exposure and tanning for at least 2-4 weeks prior to treatment. This includes self-tanners and tanning beds. Use a broad spectrum SPF 30+ Daily on areas to be treated. Mineral Based Sunscreen is Recommended

- **Discontinue use of Retinoids** (Retin-A, tretinoin), glycolic/salicylic acids, and other exfoliants at least 5-7 days before treatment.
- If treating melasma or pigment, a topical lightening agent (e.g., hydroquinone) may be prescribed 2–4 weeks before treatment.
- Avoid chemical peels, microdermabrasion, or waxing in the treatment area for 1-2 weeks before the session.
- Inform your provider of any photosensitizing medications (doxycycline, minocycline, etc.) or blood thinners.
- Antiviral medication may be prescribed if you have a history of cold sores.
- For hair-bearing areas, it is recommended to shave the treatment site 1 to 3 days before your appointment.
- No makeup, lotions, deodorant or oil is allowed on the area to be treated the day of treatment.

Wait 2 weeks after BOTOX Injections to have Laser Procedure

POST PROCEDURE AFTERCARE INSTRUCTIONS

LaseMD ULTRA Laser Post-Treatment Care Instructions

- Mild erythema (redness) and edema (swelling) may appear immediately following treatment and can persist for up to 2-3 days. In some cases up to 14 days. The treated area may feel like a sunburn for a few hours post-treatment.
- Post-treatment cooling or the application of a cold compress may help alleviate any discomfort or pain.
- After the first day, cleanse the skin using a gentle cleanser and pat dry for the next two days.
- Keep the treated area hydrated with a gentle moisturizer. It is normal for the area to feel rough like sandpaper.
- Avoid cosmetics that contain active ingredients such as Retinol or AHA without prior permission from the provider.
- Normal skin care regimes, including makeup, moisturizers, deodorant, and shaving may be resumed the day after treatment if there is no redness, blistering, or crusting present.
- To minimize the risk of hyperpigmentation, **AVOID SUN EXPOSURE**. Apply a broad-spectrum sunscreen with SPF 30 or HIGHER at all times throughout the treatment series.
- Avoid scrubbing, picking, or scratching the treated area to prevent irritation and potential scarring and infection.
- Avoid exercising for the first week post-treatment or until initial healing has occurred. Increased redness may result from any activity that increases blood flow or body temperature (e.g., alcohol consumption, exercise, and sauna).
- Avoid Filler Injectables for ONE Month